

**Strong Kids in Families Living with Cancer:**

A group program offered through the YWCA for children who have a parent living with cancer and funded by a grant from the Lubbock Area Foundation

The Strong Kids program is based on materials developed by Dr. Sue Heiney who conducts children's groups and workshops for group facilitators. Dr. Margaret Elbow who will facilitate the Lubbock groups was trained by Dr Heiney.



increase children's knowledge about cancer



help children recognize their strengths and to use those strengths in coping with uncomfortable feelings related to a parent's cancer



improve communications about feelings and concerns about cancer with their parents



provide information and support to parents about helping their children through the cancer journey

Meetings will begin at 5:30 with a substantial snack for parents and children. Specific dates will be announced.

**Name** \_\_\_\_\_

Names and ages of children

Contact Information: Address

Phone number \_\_\_\_\_

e-mail address \_\_\_\_\_

best time to call \_\_\_\_\_

If you are interested or know of a survivor who has school age children, please get in touch with Margaret Elbow e-mail [margaret.elbow@ttu.edu](mailto:margaret.elbow@ttu.edu) or phone (806 742-2401 x 243) or return this form by mail. You may also bring this form to the YWCA 3101 35<sup>th</sup> Street Lubbock.